



Goodfellow Monitor

To deliver combat-ready Intelligence, Firefighter and SPINSTRAS warriors to the Combatant Commander.
Training is our focus, war is our mission.



Vol. 48, No. 42 Goodfellow Air Force Base, San Angelo, Texas October 27, 2006

QUICK BRIEFS

Daylight Savings Time ends:

Don't forget to set your clocks back one hour when you go to sleep Saturday night!

Veterans' Day Parade Notice:

The City of San Angelo is scheduled to host this year's Veterans' Day Parade Nov. 11 at 11 a.m. Float entry forms are available for pick up at the 17th Training Wing Public Affairs office.

The parade is sponsored by the City of San Angelo and the Tom Green County All-Veterans Council.

Force Shaping update

The Force Shaping Program implemented a date of separation rollback and Limited Active Duty Service Commitment Waiver Program for enlisted personnel effective Monday.

The Date of Separation Rollback will accelerate the DOS of enlisted personnel with RE codes who have less than 14 years service or more than 20 years service.

Unit commanders must review each affected member and determine if retention is warranted no later than Dec. 15. If warranted, affected personnel will be discharged no later than March 15.

A roster identifying affected personnel is forthcoming.

The LADSC waiver program allows retirement eligible technical and master sergeants in overage AFSCs to apply for a retirement date of Sept. 1, 2007 or earlier, even though they have an ADSC for: PCS, promotion, PME, AFIT (masters), Bootstrap, or technical training.

For more information, contact your commanders support staff.

New coffee shop opens



A small crowd gathered this week at the new X-Press-O's coffee shop located in the 17th Training Wing headquarters building lobby. The shop will officially open for business Wednesday, however people can stop by until the opening for free samples while the crew is perfecting their coffee brewing techniques. Once the coffee shop opens, there will regular charges for products. The shop will feature Starbucks coffee as well as several other types of hot beverages and snack foods. (Photo by SSgt. John Barton)

BY TECH SGT. DORIAN CHAPMAN

PUBLIC AFFAIRS

White Chocolate Mocha, Caramel Macchiato, and Tazo Hot Tea are just a few of the tantalizing menu items available at the X-Press-O's Café scheduled to open in the lobby of the wing headquarters building.

Far from just another "cup of Joe," the new establishment is to offer a lengthy list of both hot and cold beverages favored by coffee connoisseurs around the world. And as their cups proudly state, X-Press-O's brews gen-

uine Starbucks brand coffee, intent on satisfying the most particular taste buds.

The café will operate from 7 a.m. to 2 p.m. Monday through Friday and is available to all base personnel. Military students passing by the facility on their way to school in the mornings are expected to make up a large portion of the customer base. "It's their culture," commented Bowling Center Manager Michael Birriel, also the manager of X-Press-O's

Café, referencing the iconic status flavored coffees and lattes have reached with America's younger generations.

Aside from the popular hot beverages, the café will offer an array of blended drinks and gourmet ice smoothies which could prove to be a hit during the Texas heat waves with which Goodfellow personnel are all too familiar.

The café is also planning to offer an assortment of

muffins, croissants and breads to compliment its beverages.

After a week of training and giving out free samples, Birriel said he has high hopes for the little coffee shop operated by the 17th Services Division. "I've hired a good crew and I think we'll do well," he stated with confidence.

With morning temperatures dropping and winter weather on its way, the odds are looking pretty good.

Base hosts Family Day Nov. 21

BY STAFF SGT. CARISSA LEE

PUBLIC AFFAIRS

Families are an integral part to the success of a military member. The support, love and commitment received from military spouses and children is something that should never go unnoticed. The Air Force and Goodfellow AFB are showing their appreciation to the military family by hosting a Military Family Day on base Nov. 21.

The day, which will be held in conjunction with Wingman Day, is set to kick off at noon.

Many different activities, including tours, will be offered for the entire family, according to Joy Hopper of the Airman and Family Readiness Center.

"Many different organizations from base will be working together to make this day a success for all the members of Goodfellow and their families," she said.

The afternoon will kick off after the conclusion of the Wingman Day. Beginning at noon, the Goodfellow AFB Joint Honor Guard will post the colors, followed by a few words from 17th Training Wing commander, Col. Scott

Bethel. The rest of the afternoon will features activitie to keep the whole family entertained.

Tours of the Louis F. Garland Fire School, and the 315th and 316th Training Squadrons will run from noon-2 p.m. Pre-registration is mandatory by Nov. 14 for the training squadron tours and by Nov. 17 for the fire school tours.

There will be a working dog demonstration by the 17th Security Forces Squadron, and a demonstration by the Fort Chadbourne Calvary. Other events include family photos, a rock climbing wall, a hot dog and burger burn, demonstrations from the clinic and the Health and Wellness Center, as well as the Civil Air Patrol.

The Army will also be on hand to teach family members basic battle moves and allow them to wear Kevlar Vests and handle dummy rifles.

Several off-base agencies will be on hand to distribute information as well. Many more events are planned, but the details are still being worked, according to Ms. Hopper.

For more information on Family Day 2006 events, call 654-3893.

INDEX

Commentary	2
Services	3,4
News	10
Community	8
News Briefs	7
Sports	9,11

WEEKEND FORECAST

Friday	High: 77	
Mostly cloudy	Low: 50	
Saturday	High: 68	
Sunny	Low: 44	
Sunday	High: 76	
Partly Cloudy	Low: 53	

INSIDE THIS WEEK

Halloween
Times and tips
See page 3 for story

SAFETY TIP OF THE WEEK

Machines do lots of useful work. They cut, punch, roll, drill, grind, assemble, handle, and transport. But they can't think. That's why machine guards and safety devices are so important. They are the crucial barriers that protect you against amputated fingers.

Response
Line



The Response Line is a communications tool provided for everyone with comments, questions, complaints and suggestions. I am committed to providing the best services and programs to all of our customers, and you can help to make them even better. If there is a way we can make something better, I ask that each individual contact the specific organization, try to resolve any concerns at the lowest level, and then follow the chain of command.



Bethel

If the process does not produce results, please send an e-mail to:

17trw.responsesline@goodfellow.af.mil.

Your comments or questions will be documented. Be sure to include your name and a phone number where you may be contacted for more information or a personal response. Items of general interest may be printed in the Goodfellow Monitor.

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Base Exchange	654-3361
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Commissary	654-3358
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Civilian Equal Opportunity	654-4690
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Energy/water abuse hotline	654-5087
Fraud/waste/abuse hotline	654-3048
Inspector General	654-5389
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Goodfellow Monitor



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Editorial content is edited, prepared and provided by the public affairs office of the 17th Training Wing. The staff reserves the right to edit for style, clarity, consistency and space. The staff also reserves the right not to print any submission. All photographs are Air Force photographs unless otherwise indicated.

Submission deadline

Deadline to submit articles for inclusion in the Monitor is 10-calendar days before publication. The staff accepts stories via e-mail to monitor@goodfellow.af.mil.

Advertising

For information about placing commercial advertisements in the Monitor, call the Standard-Times at 659-8309. To place classified ads, call 655-SELL (7355).

Supervising Turtles

By MAJ. KENNETH O'NEIL
17TH SECURITY FORCES SQUADRON

Anyone who has watched the Discovery Channel or Animal Planet may be able to see the analogy I'm about to make between first-term Airmen and newly hatched sea turtles.

Like newly hatched sea turtles, newcomer Airmen face similar vulnerabilities.

This analogy is not meant to be degrading to our young Airmen, but is meant to show how challenging the beginning can be for any newcomer. There are lots of obstacles, threats, and challenges that stand between the newly hatched sea turtle and its ocean habitat. Similarly, the first-term Airman has many of the same obstacles, threats and challenges in order to make it through his or her challenging first enlistment. In my commander position, I've had the pleasure of watching several of our squadron's newly assigned Airmen "walk across the stage" and complete the First-Term Airman Center curriculum.

It took a little more than a week for our new Airmen to get through the FTAC program, whereas it takes the newly hatched sea turtle about the same amount of time to break out of its shell, climb through its sandy nesting spot to the surface of the beach.

Coincidence? I don't think so. Whether the newcomer pops its head up on a sandy beach or into the front doors of its first unit of assignment...the journey begins.

If you've ever watched a documentary on baby sea turtles, ten minutes into the program you have to wonder how the newborn sea turtles make it to the water.

The turtles' chances of survival increase exponentially when they're in the ocean, but I learned they must "follow the light."

Evidently, the turtles follow the reflection of the moon on the water and that bright light leads them to the ocean. Our newly minted officers and junior Airmen also follow a light of sorts. They follow the light set by their first supervisor. Our supervisor in this analogy can be the new Airman's rater or military training leader.

The supervisors must take a personal interest in helping the young Airmen make it through the "beach" and make it to the "ocean."

They have to mentor, tutor and teach them how to overcome the obstacles they'll encounter in their first enlistment and be strong and bright enough to guide the young Airmen back on track if they stray off course. Newborn sea turtles may discriminate light intensities and head for the biggest, brightest light on the open horizon.

An involved supervisors' light must be, let's say, brighter to Airmen than the other lights that they'll encounter along their journey, especially the lights that say "Joe's Bar" or local temptations that will pull the young Airmen off course.

A good supervisor's light is powered by his or her example, adherence to the Air Force Core Values, and his or her leadership potential. If the supervisor is stepping out and showing enthusiasm towards the mission, the junior

Airmen will too.

If the supervisors don't, well, the Airman is less apt to. The supervisor's light must continually show that we are all Airmen, 24-hours a day, 7-days per week. The light always reminds them that we do not merely have "jobs," and that trainees are not merely "students," but rather we are all very unique volunteers in the profession of arms and serve in the greatest Air Force on the planet. If the supervisor's light pales in comparison to other lights, the junior Airman may get pulled in another direction, away from the supervisor's light, and into places they do not want to be. Some of these less-than-optimum places end junior Airmen careers early.

Newborn sea turtles rely on their "instinct" to make it through the sandy beach to the light over the water, trying to overcome the sand dunes, the hungry sea gulls, or the curious 8-year old tourist. In comparison, our junior Airmen rely on the "example" and "intervention" of their supervisor.

The junior Airmen must pass their CDCs, successfully complete their stan-eval for their duty position, pay off their government travel card, pass inspections and tests, and avoid the off-duty ethical and legal traps set out on their beaches in order to make it.

The first-term Airman shouldn't be left to do all of this alone. That's why the supervisor is so important.

He or she must be there for them...guiding them all of the way.

For all you supervisors out there...be the light to our junior Airmen.

Shine so bright that they will want to follow you, and not follow other distractions.

For all of you junior Airmen out there, follow them...they'll take you places.



O'Neil



Commander's Response



Q:

On Sept. 10, I was heading to the entrance of the commissary when two gentlemen riding skateboards were heading toward me. The one closest to me was looking back at his buddy, plus he had an I-Pod plugged in and was listening to it. I screamed at the top of my lungs twice before he acknowledged I was even there.

This is twice in two months I have had a near miss in front of the commissary.

Also, going around with headphones plugged into ears used to be a big no-no. I've had many near misses with people listening to music or talking on cell phones when crossing roads or using skateboards.

Have these policies changed?

A:

Here at Goodfellow Air Force Base we have strict guidelines on where individuals are allowed to rollerblade and skateboard. Roller-skating, skateboarding, riding scooters, or roller-blading are not authorized on Kearney Blvd., around government buildings during duty hours, or on the running track. Individuals must properly wear helmets and are highly encouraged to wear protective gear such as elbow pads, knee pad, and wrist guards.

However, people are not allowed to wear headphones while using roller-skates, skateboards, scooters, roller-blades or like devices at any time. Also the above devices will not be operated at hours of reduced visibility. All the information regarding the utilization of skateboards, roller-skates, and scooters can be found in Goodfellow AFB Instruction 31-204.

Thank you for your letter to our Commander's Response Line and for helping us continue to keep Goodfellow safe.

HALLOWEEN

Safety Tips

ADULTS:

- Remove tripping hazards from your entry way
- Patrol your streets to deter malicious mischief
- Report suspicious or criminal activity
- Candlelit jack-o-lanterns should be kept clear of door steps and landings
- Consider flashlights instead of candles

CHILDREN/PARENTS:

- Never trick-or-treat alone
- Carry a flashlight and cell phone
- Wear bright, reflective costumes
- Costumes and wigs should be nonflammable
- Cross street at corner, never cross between parked cars
- DO NOT accept rides from strangers
- Avoid walking through alleyways, parks or backyards
- DO NOT go inside a stranger's home
- Determine a curfew time
- Inspect all treats for both intentional and unintentional hazards; discard all unwrapped or homemade treats
- Have children eat a good meal before they leave to discourage eating treats before they get home
- Teach the difference between tricks and vandalism

MOTORISTS:

- Drive with extreme caution
- Avoid unnecessary vehicle travel
- Look before you back up

PET OWNERS:

- Don't leave your pets in the yard
- Don't feed treats to pets; chocolate is toxic to a lot of animals
- Dressing up your pets can be very hazardous for them
- Keep pets away from doors



Trick or Treat hours in both base housing areas will be from 6-8:30 p.m. on Halloween.

Have a happy and safe Halloween.

At a Glance with Services



Friday 27	Saturday 28	Sunday 29	Monday 30	Tuesday 31	Wed Nov 1	Thursday 2
BASE HAUNTED HOUSE 6 P.M. \$5 AT THE DOOR HAUNTED HOUSE AT YOUTH CENTER 6 p.m. til Midnight \$10/Member \$15/Non Member EVENT CENTER ENLISTED LOUNGE 3:30 p.m.-Midnight 654-5327	BASE HAUNTED HOUSE 6 P.M. \$5 AT THE DOOR EVENT CENTER ENLISTED LOUNGE 7 p.m.-Midnight 654-5327	NFL SUNDAY TICKET Doors open at Noon Event Center Call 654-5327. CYBER ZONE CAFÉ Burgers, Phillies, Sandwiches, Fries & Hot Wings Sun, Noon to 6 p.m. Check us out on the web! www.goodfellowservices.com Give Us Your 2¢	X-PRESS-O'S CAFÉ Opens TODAY! 7 a.m. to 2 p.m. Mon-Fri Lobby of Norma Brown Building FALL FESTIVAL FAMILY NIGHT Annual Hayride at the Rec Camp Family Meal Optional 5:30-7 p.m. Event Center 654-5327	WIN CASH! TEXAS JACK BINGO Card Sales begin at 5 p.m. Early Bird Bingo at 6 p.m. Regular Bingo at 7 p.m. New Event Center Call 654-5327. SPIN CLASS Tue & Thur 5 p.m. Mathis Fitness Center Call 654-3242	GROUND BREAKING CEREMONY FOR THE NEW SCHOOL-AGE BUILDING 4 p.m. Next to CDC pavilion by orange & blue playground. CYBER ZONE Personal Use Computers Check your e-mail or surf the net. Event Center 654-5327	CYBER ZONE CAFÉ Burgers, Phillies, Sandwiches, Fries & Hot Wings Mon-Thur, 5 to 8 p.m. Fri, 5 to 9 p.m. Sat, 3 to 9 p.m. Sun, Noon to 6 p.m. Event Center 654-5327

Fall Festival Family Night
Hayride at the Rec Camp
Monday, October 30
5:30-7 p.m.
Games & Prizes!
Costumes are optional.
Fun is guaranteed!



All you can eat
hot dogs, chips &
Halloween punch
Only \$3 per person
FMI:
654-3247/5327

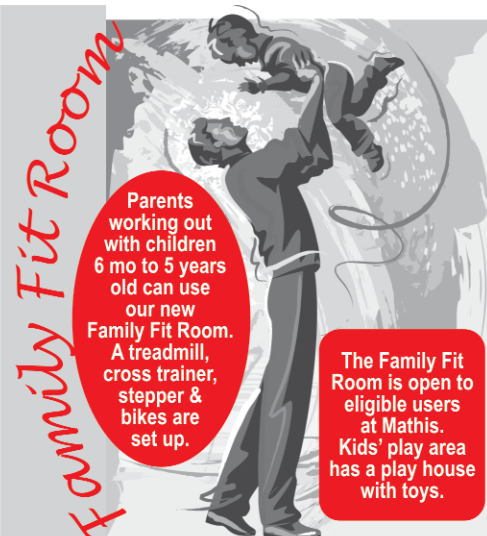
Haunted House
Friday, October 27

The gruel and drool goes
from 6 p.m. Until midnight!

\$10/Members
\$15/Non members



Bldg 915 654-4708



Parents
working out
with children
6 mo to 5 years
old can use
our new
Family Fit Room.
A treadmill,
cross trainer,
stepper &
bikes are
set up.

The Family Fit
Room is open to
eligible users
at Mathis.
Kids' play area
has a play house
with toys.

Mathis Fitness Center
Bldg 140 654-3242

At a Glance with Services

THERE'S SOMETHING

Rec Center Hours: Mon-Thur 11 a.m. to 9 p.m.
Fri 11 a.m. to Midnight
Sat Noon to Midnight
Sun Noon to 8 p.m.



FOR EVERYONE!

Officer's Club:
Fri 3:30-9 p.m.
(Social hour snacks 4:30-6:30 p.m.)
Sun Noon to 8 p.m.

Enlisted Club:
Fri 3:30-Midnight
(Social hour snacks 4:30-6:30 p.m.)
Sat 7 p.m. to Midnight
Sun Noon to 8 p.m.

Bingo

The excitement of listening for the winning number is something you shouldn't miss. Our Bingo program is fun, exciting and you win **CASH!** Anyone who works on Goodfellow is eligible to play. Bring a friend and have a great time every Tuesday!

WIN CASH!
EVERY TUESDAY!
ENLISTED LOUNGE

Open to all base personnel, and their dependents 18 yrs & older. Show your Club Card or UBU Card get a discount on the purchase of full packs.

WIN \$40--\$50 Even \$100! Pots can get up to \$1100!

Card Sales begin at 5 p.m.
Early Bird Bingo at 6 p.m.
Regular Bingo at 7 p.m.

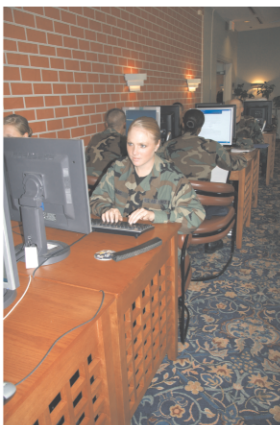
Event Center
Bldg 723 Call 654-3247

Cyber Zone Cafe'

While you are watching TV, playing games or using your laptop stop by the Cyber Zone Café for a delicious freshly made sandwich, burger, Philly, hot wings, fries and more.



Serving Hours:
Mon-Thur 5-8 p.m.
Fri 5-9 p.m.
Sat 3-9 p.m.
Sun Noon-6 p.m.



Cyber Zone

Whether you are checking you e-mail or surfing the net, our computers are available for everyone.



Home for the Holidays!

Stop by ITT to make your travel arrangements to get home for the holidays.



USAF
Information
Tickets
& Travel

We will be moving into the Event Center for your convenience.
Call 654-5249 for information.

Don't Drink & Win!

Be The Good Guy!
 Sign Up To Be Part Of Our 2006 Holiday Designated Driver Program
 You May Win A Vacation With Armed Forces Vacation Club
 Call 654-5327 For More Information
 Remember! The Event Center Looks After It's Good Guys With Free Sodas All Night Long!

BE THE DESIGNATED DRIVER
Just Sign Up!

Name of Designated Driver **Mr. Good Guy! That's You**

Event Title Attended **At The Lounge** Date **23 Nov 06 to 2 Jan 07**

Duty Phone# **Your Number Here**

Eligibility: Program is open to all club & UBU members assigned to AETC. The Base grand prize winner will be announced NLT, 4 Jan 07.

To Play: Just fill out one of these forms at any event during 23 Nov 06 to 2 Jan 07.

Beginning November 23 and continuing through January 2, 2007, you can be a designated driver and get registered to win great prizes! Sign up as a designated driver when you join your friends at one of our Lounges during the holidays. You will receive free sodas all night and get registered for the Grand Prize. This promotion is for Club and UBU members only so you must show your card to sign up each time. Be one of the "Good Guys" and get your friends home safe from the Lounge.
Remember: Legal drinking age in Texas is 21. Drink responsibly. Goodfellow has ZERO tolerance for underage drinking.

GET HOME SAFELY! Call 654-3252

The **AADD** (Airmen Against Drunk Driving) will give you a safe ride home from any where in San Angelo or on the base.
Friday and Saturdays Only. Open to ALL Goodfellow Personnel.

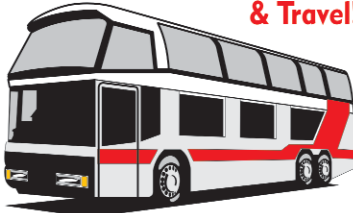
TICKETS ON SALE NOW

AT THE EVENT CENTER-BLDG 723

Going Home For The Holidays and Need A Ride To The Airport?

The Event Center offers reasonably priced bus rides to DFW, San Antonio and Midland Airports.

Buy your airline tickets at Information, Tickets & Travel!



Check In At Carswell Field House, Bldg 340
On Thur, Dec 21 NLT 2100

***DO NOT schedule departure time from the airport before 0800 on Fri, Dec 22**
*Check-in begins at 1600 on Thur, Dec 21. at Carswell Field House, bldg 340. Leave your luggage at Carswell.
*All attempts will be made to drop you off at your terminal.

When you purchase your bus ticket, please have your flight itinerary available.

DEADLINE TO SIGN UP
SUN, DEC 17

Bus Ticket Prices

Dallas: round trip \$80	one-way \$65
San Antonio: round trip \$75	one-way \$60
Midland: round trip \$55	one-way \$45

Return Date Tue, 2 Jan 07



For Information:
Event Center, Bldg 723
654-3247/5327

*Buses will begin departure at 1200 & will leave airport when full.
*All returning to DFW, meet the military leader at E-terminal
*All returning to San Antonio, meet at the MPF station
* **SCHEDULE ALL RETURNING FLIGHTS TO ARRIVE NLT 1500.**
Last bus will leave at 1700

...Count down to *Exodus*

BY STAFF SGT. CARISSA LEE

EDITOR

Time is quickly ticking down to the day known as the holiday Exodus, which is scheduled this year to start at 11:59 p.m. on Dec. 21 and end on Jan 2.

While some of the details are still being worked out, the most important information is the departure date and location.

On the evening of Dec. 21 students will form up at the Carswell Field House to await transportation to one of three airports-Dallas/Fort Worth, San Antonio and Midland-Odessa.

The important thing for students to remember is to schedule their departures no earlier than 8 a.m. Dec. 22 from the airports and to schedule their arrivals back to Texas no later than 3 p.m. on Jan 2, 2007 in order to have transportation back to Goodfellow AFB.

The evening of Exodus has become a tradition on base, with many base agencies playing a part. There is food and entertainment for the troops while they await their departures. People may begin checking in to the Carswell as early as 4 p.m. Check in continues until 10 p.m.

The transportation is also open to permanent party troops stationed at Goodfellow and their family members.

Information will be updated in the Monitor as it becomes available.

56 Days

Get ready to get out of Goodfellow!

Don't be a dummy!

COURTESY ARTICLE

WING SAFETY

Many non-seatbelt users feel they can brace themselves to prevent injury in an accident.

But they don't realize the forces involved until an accident happens. Some live to consider the error in their thinking. Many don't.

In a 30-mile-per-hour collision with a solid object, an unbelted driver or passenger slams into the windshield, the instrument panel or the steering wheel and column at a force more than 100 times the force of gravity.

This is the "G" force discussed in rocket launches. A 30-mph vehicle crash exerts "G" forces more than 20 times stronger than those an astronaut experiences at blastoff!

Put another way, the unbelted occupant of a 30-mph vehicle crash hits the windshield or other interior surface of the vehicle with the same impact as a fall from a three-story building.

Even the impact of a slower 10-mph crash is roughly equivalent to catching a 200-pound weight dropped from about seven feet.

Unbelted adults holding a child on their laps in a 30-mph crash are thrown forward with the force of one and one-half tons.

The child would be crushed to death.

Safety belts help vehicle occupants "ride down"



the force of the crash (the first collision) by holding them in place and preventing contact with either the interior of the vehicle or other occupants (the so-called second collision.)

Belts also keep occupants inside the vehicle. Studies reveal ejection as a major factor in fatalities and severe injuries.

Being thrown out of a vehicle is 40 times more lethal.

Belts can prevent you from being crushed by your own car.

According to a study covering 28,000 traffic accidents in Sweden, no fatalities involving safety belt users were found at crash speeds of under 60-mph. But speeds as low as 12-mph resulted in deaths among unbelted occupants.

The evidence is clear and dramatic... when used, safety belts reduce death and reduce the severity and frequency if injury in vehicle crashes.

In two common accidents - head-on and rollover - belt use has a dramatic effect in reducing fatalities by body area. Safetybelt users, for example, experienced 80 percent fewer deaths from head injuries - and no deaths from neck injuries.

The reduction in serious injuries by body area in both types of crashes also shows a dramatic difference between use and non-use.

Base hosts retiree appreciation day

Goodfellow will host its annual Retiree Appreciation Day and Health Fair Nov. 4 from 8 a.m.--noon at the Goodfellow Clinic. Military Retirees from all branches of service and their spouses in the San Angelo and surrounding communities are invited to attend.

Information on current retiree benefits and services, both local and outside of the community, will be presented and the following medical services also will be offered: Height, weight, and blood pressure checks, tobacco counseling, nutrition counseling, cholesterol screening, oral

hygiene, cancer prevention and protection, stress management, glaucoma screening, hearing screening, TRICARE online demonstrations, depression screening, glucose monitoring, exercise for seniors, Pneumovax (pneumonia), Tetanus, and Flu Vaccines, and Public Health information.

Representatives from the West Texas Rehabilitation Center, TRICARE Retiree Dental Program, the Goodfellow Pharmacy, TRICARE Humana, 17th Medical Group Physical Therapy / Foot Clinic, Adult Day Care, Pfizer, the

Army and Air Force Exchange Service, the Defense Commissary Agency, the 17th Services Division, the Texas Workforce Commission, the 17th Training Wing Legal Office, the Goodfellow Information Tickets and Tours office, and others will provide information to attendees.

Interested retirees should contact the 17th Training Wing Retiree Activities Office at 654-5388 for more information on registering for this event. (Article courtesy of Steven Willey, 17th Training Wing Retiree Affairs Office.)

Don't Drown Your Career

with too much Beer

0-0-1-3

IT'S NOT PROHIBITION. IT'S A RESPONSIBLE DRINKING CULTURE.

The standard 0-0-1-3

0 Drinks under 21

0 DUIs

Max 1 drink per hour

Max 3 drinks in one night

Don't drionk and drive.

How does alcohol affect a driver?

How does alcohol affect a driver?

How does alcohol affect a driver?

How does alcohol affect a driver?

Alcohol acts like an anesthetic dulling of the brain parts that enable people to make sensible decisions, resulting in poor judgement.

Drinking slows reflexes and hinders coordination.

Drinking may cause drowsiness, increasing the chances for a TRAFFIC ACCIDENT.

Taste of the CDC



Ms. Sandi Winters and Brayden Harr prepare a treat to share with parents at the Taste of the CDC.



Ms. Sharon Baker helps children from Room 5 prepare a dish for the Taste of the CDC event. The children are, from left to right, Karrington Scoble, Reece King and Emily DeSantis.



Ms. Sandi Winters and Balleen Lewis mix up a snack for the Taste of the CDC event that was held at the CDC Oct. 20. Each month the center has a parent-involvement event. The Taste of the CDC featured countries from around the world and highlighted different foods and cultures. Each room was a different country. (Photos courtesy of Cindy Padilla)



UNITED STATES AIR FORCE

MISSION

Deliver sovereign options for the defense of the United States of America and its global interests — to fly and fight in Air, Space and Cyberspace

Buckle Up or Pay Up.

CLICK IT OR TICKET ENFORCEMENT

A photograph of several police officers in uniform riding motorcycles down a street. The motorcycles have "POLICE" written on them.

Safety Belts Save Lives.

That's why local law enforcement and state troopers are enforcing the state's safety belt laws for adults and children. Fines range from \$25 to \$200.

The Law in Texas.

Every person in the front seat of a vehicle must wear a safety belt. Children under 17 years old in the front or back seat must be secured with a safety belt or in a child safety seat. A child less than five years old and less than 36 inches tall must be secured in a child safety seat.



TEXAS DEPARTMENT OF TRANSPORTATION • TEXAS DEPARTMENT OF PUBLIC SAFETY
buckleuptexas.com

A photograph of Jessica Simpson smiling, with her blonde hair flowing over her shoulders. She is wearing a white off-the-shoulder top.

I Don't Smoke Weed.

Respect, goals, and motivation are not things I want to lose over drugs.

POP SINGER:
JESSICA SIMPSON

TOLL FREE:
1-877-9-NO-DRUG

Partnership for a Drug-Free Texas & America
TEXAS ADVISORY ON SUBSTANCE USE AND MENTAL HEALTH

MPF Closure

The Base Military Personnel Flight will be closed today and Nov. 3 and 17.

It will also be closed Dec. 1 so the unit can accomplish Unit Personnel Record Group (UPRG) Migration.

Please note student assignments and base customer service for identification cards will remain open.

Any questions or concerns in this matter should be addressed to Master Sgt. Jeffrey Draper at 654-3302.

Voting Information

November 7 is Election Day, however, early voting is going on now. Contact your unit voting officer or log on to the websites listed below.

www.sos.state.tx.us/elections/index.html

For the local elections, log on to www.votetomgreencounty.org/Homepage.html

This website allows you to register to vote in Tom Green County.

Air Force Reserve Recruiter



The new Air Force Reserve In-Service Recruiter, Tech Sgt. Michael Nienhaus, will be available Tuesdays for questions regarding the Palace Chase and Palace Front programs and Reserve benefits.

To schedule an appointment, contact Tech. Sgt. Nienhaus at DSN 461-2957, commercial (325) 696-2957 or via e-mail at michael.nienhaus@dyess.af.mil.

Newcomers' Orientation

The next newcomer's orientation briefing is scheduled for Nov. 7 at the Events Center.

Only individuals who have been scheduled by Airman Heather Reeves or the commander's support staff must attend in order to maintain data integrity and accountability.

The orientation starts at 7:45 a.m. and is an all-day event. For more information, call 654-3307.

Recycling Contract Changes



Due to cost constraints the following changes have been made.
Change from weekly to bi-weekly

office pick up for office paper, newspaper and magazine collection.

The following services are no longer available:

- ◆ glass, toner cartridge pickups
- ◆ cardboard (special pickups and routine)
- ◆ aluminum can and plastic recycling
- ◆ telephone book recycling
- ◆ Do-It-Yourself (DITY) moving boxes

The base recycling center will continue the normal operation 24 hours a day/7days a week for drop offs.

DO NOT leave anything on ground or on top of dumpsters.

For more information, call 654-3450.



Airman and Family Readiness Flight

The Airman and Family Readiness Flight offers the following services:

◆ **Personal and Family Readiness Training:** Wednesday, 8 - 9 a.m. or 3- 4 p.m. This is an annual requirement for those on mobility status, but is open to all active duty military.

◆ **Sponsorship Training:** Today, 8-9:15 a.m. Just being a sponsor is not enough; a sponsor must be motivated, concerned for the needs of the newcomer, and creative.

During training the sponsor will receive information on available resources, relay some proven tools of good sponsorship and ignite the spark for creative sponsorship.

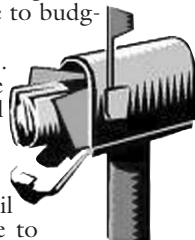
For more information or to sign up for a class, call 654-3893 or visit www.familysupportgoodfellow.org, click on "schedule a meeting," click on "events," then select the class.

Base Mail Center procedure changes

The base mail center has implemented the following procedure changes due to budget cuts.

- ◆ No Saturday service.
- ◆ Deliveries to the two dorm cluster boxes will stop.
- ◆ Deliveries to Authorized Distribution Centers have stopped; mail points of contact will have to pick up mail at Building 337.

For more information, call 654-3466.



Chapel Schedule



CHAPEL WORSHIP SCHEDULE: The Goodfellow Chapel holds Catholic and Protestant services, religious education every Sunday and other programs.

Catholic services:

- ◆ Sunday Mass at 9 a.m.
- ◆ Noon Tuesday through Friday
- ◆ CCD at 10:45 a.m. to noon in Bldg. 135 (Sept-May)
- ◆ R.C.I.A. at 10:30 a.m. in Bldg 139 (Sept-May)

Protestant services (Sundays):

- ◆ 9:15-10:15 a.m. Sunday School for children and youth in Bldg 135 (Sept-May)
- ◆ 11 a.m. Traditional Protestant Worship Service
- ◆ 2 p.m. Gospel Service
- ◆ 6 p.m. New Life Contemporary Service

Choir Practices (In Chapel)

- ◆ 6 p.m. Wednesdays Catholic Choir
- ◆ 5:45 p.m. Thursdays Gospel Service Choir
- ◆ 7 p.m. Thursdays Traditional Service Worship Team
- ◆ 6 p.m. Fridays New Life Contemporary Service Praise Team

Bible Studies:

- ◆ 11 a.m. Wednesdays Promise Keepers Bldg 136

For more information on chapel programs, call 654-3424.

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afford gas for your car!**

www.commissaries.com

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GuideDog Foundation

For The Blind, Inc.

Since 1946, the Guide Dog Foundation for the Blind has been providing guide dogs free of charge to blind people seeking increased mobility, independence and the companionship a guide dog provides.



Sit, Stay, See

371 E. Jericho Turnpike
Smithtown, NY 11787
1-800-548-4337
www.guidedog.org

Community

Oct. 27 to Nov. 2 dining facility menu

Menu is subject to change

Lunch	Friday	Dinner
Swiss Steak with Tomato Sauce Stuffed Green Pepper Mexican Baked Chicken		Lasagna Spaghetti with Meat Sauce Italian Sausage
Brunch	Saturday	Dinner
Grilled Steak Cajun Meat Loaf Crispy Baked Chicken		Stir Fry Chicken with Broccoli Pork Chops with Mushroom Gravy Fish Almandine
Brunch	Sunday	Dinner
Fried Shrimp Parmesan Chicken Breast Tuna and Noodles		Sauerbraten Ginger Barbecue Chicken Spinach Lasagna
Lunch	Monday	Dinner
Swiss steak with tomato Sauce Baked Chicken Italian Sausage		Roast Turkey Baked Ham Fish & Fries
Lunch	Tuesday	Dinner
Barbecue Beef Cubes Yakisoba, Beef & Spaghetti Onion-Lemon Baked Fish		Pork Schnitzel Steak Paprika Beef Chicken Fajitas
Lunch	Wednesday	Dinner
Lasagna Cheese Pizza Beef Porcupines Chicken Enchiladas Chicken Parmesan		Country Style Steak Fried Chicken Pita Pizzas
Lunch	Thursday	Dinner
Liver & Onions Orange Glazed Pork Chops Tempura Fried Fish		Pasta Primavera Pepper Steak Mr. Z's Baked Chicken

Hours of operation

Western Winds

Monday to Friday

Midnight Meal ... 12:15-1:45 a.m.
Breakfast ... 5-8:15 a.m.
Lunch ... 10:30 a.m. to 1 p.m.
Dinner ... 4:30-7 p.m.

Cressman








Monday to Friday

Breakfast ... 4:30-7 a.m.
Lunch ... 10:30 a.m. to 12:30 p.m.
Dinner ... 6-8 p.m.

Saturday, Sunday and Holidays

Brunch ... 8 a.m. to 1 p.m.
Dinner ... 4-7 p.m.

Last week's puzzle solution

	SMSGt	A1C	AB	TSgt	Amn	MSgt	SrA	CMSGt
Amn	SrA	TSgt	CMSGt	MSgt		SSgt	AB	A1C
MSgt	AB	CMSGt	SSgt	A1C	SrA	TSgt	SMSGt	
TSgt		SMSGt	Amn	SrA	A1C	AB	MSgt	SSgt
A1C	MSgt	AB	SMSGt	SSgt		CMSGt	Amn	SrA
SrA	Amn	SSgt	MSgt	AB	CMSGt	A1C	TSgt	SMSGt
AB	SSgt	Amn	A1C	SMSGt	MSgt	SrA	CMSGt	TSgt
SMSGt	TSgt	MSgt		CMSGt	SSgt	Amn	A1C	AB
CMSGt		SrA	TSgt	Amn	AB	SMSGt	SSgt	

Post Op(erations)

ACROSS

1. Hindu system of exercises
5. Skirt line
8. Used to express sorrow or regret
12. Cain's brother
13. NA country
14. Operation __; Allied invasion of French North Africa (1942)
16. Deliberate intention or wish
17. Engage in espionage
18. Place in a grave
20. Toner
22. Caviar
23. Blood vessel
26. Cistern
29. Car mark
30. 1974-78 Valerie Harper TV sitcom
31. Operation __; US invasion of Okinawa (1944)
33. Notch
34. Used for carrying, holding, or displaying articles

35. Smallest unit of an element
37. Sault __ Marie
38. Snakelike fish
41. Kingly
43. Called
45. Violent Pacific Ocean tropical storm
47. Rectangular building courts
48. Sad
49. __ Moines
50. Agitates
51. Music genre
52. Allow
53. CV-22
57. Sunken track or groove
59. __ Korbut
63. Strainer
64. Mistake
65. Admiral type
66. Tied
67. Item carrying genetic info
68. __ Antony; Roman orator, politician and soldier
DOWN
1. Turn about the vertical axis

2. Japanese sash
3. Hair care product
4. NATO operation in Kosovo (1999)
5. Operation __; Allied invasion of Sicily (1943)
6. Sixth sense
7. To be allowed or permitted to
8. Dined
9. Actor Chaney
10. Op or modern
11. In basketball, a shooting guard
15. People inhabiting the mountainous regions of SE Asia
19. Wager
21. Gun lobby
23. Noah's ship
24. Actress Perlman
25. Wrongdoing for which an action for damages may be brought
26. Operation __; Berlin airlift (1948)
27. Farm measurement
28. Afternoon beverage

age
29. Operation __; Liberation of Kuwait (1991)
32. Farewell
36. Actor/director Gibson
37. Clear-headed
39. Bait
40. Temper tantrum
42. Omnipotent being
44. Car need
45. Division based on quality, rank, or grade
46. 80s young upwardly mobile professional person
47. Mock
48. Sis' sibling
50. Immoderately adhering to a belief; extreme
54. Gun the motor
55. Day prior
56. Desire
57. __ Sea
58. Ornate vase
60. Grassy lawn
61. Needlefish

All eyes on you

The Goodfellow

weekly spotlight



Courtesy photo

Staff Sgt. Tim Shaw takes a knee for a quick photo with a military working dog during his deployment in Fallujah, Iraq earlier this year.

.NAME: Tim Shaw
RANK: Staff Sergeant
UNIT: 17th Security Forces Squadron
DUTY TITLE: Military working dog trainer
TIME ON STATION: 7 years, 6 months
TIME IN SERVICE: 8 years
HOMETOWN: Lubbock, Texas
HOBBIES: Rodeo bullfighting
ASPIRATIONS: To my get master's degree.

WHAT DO YOU LIKE MOST ABOUT YOUR JOB?
Deploying.

MOVIES

Movies start at 7 p.m. in the base theater unless otherwise noted. Admission is \$2 for adults and \$1 for children under 11. Movie times and shows are subject to change without notice.

The Black Dahlia

Today

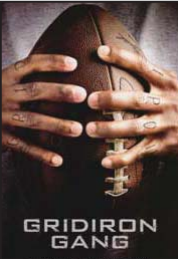
Josh Hartnett and Scarlett Johansson satr in this R-rated film. Elizabeth "Betty" Short, a 22-year-old aspiring actress from the East Coast who wore a delicate flower in her raven hair and became many things to many people--dear friend, beloved sister, estranged daughter, frequent girlfriend and accused prostitute. On January 15, 1947, she was discovered brutally splayed in a vacant lot near Leimert Park in downtown Los Angeles. Enter onto the scene two ex-pugilist police officers, Lee Blanchard and Dwight "Bucky" Bleichert, the poster boys for 1940s LAPD. The new partners' first homicide case starts with a call from their supervisor, Detective Millard, to investigate the slaying of the ambitious silver screen B-lister Betty Short, just as they leave a deadly shootout.



Gridiron Gang

Saturday

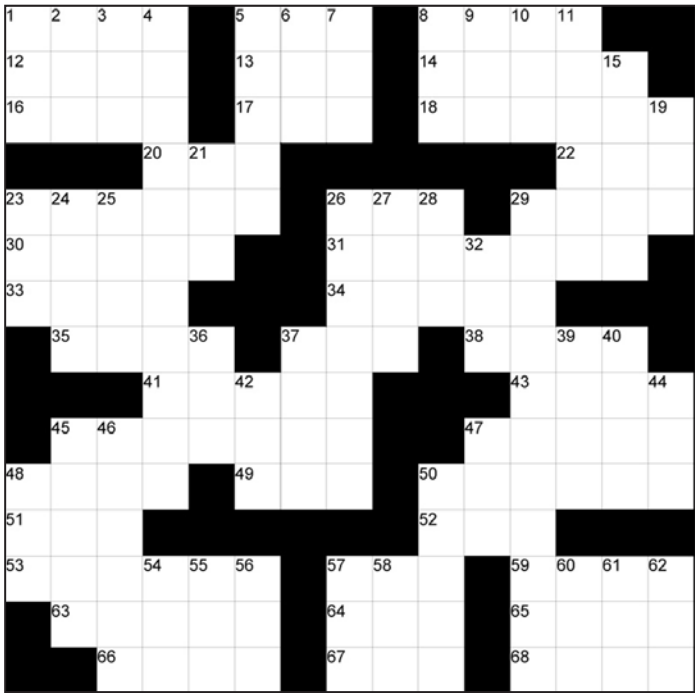
Dwayne "The Rock" Johnson and X-Zibit star in this film rated PG-13. The uplifting story of detention camp probation officer Sean Porter, who creates a high-school-level football team from a ragtag group of dangerous teenage inmates as a means to teach them self-respect and social responsibility. He is joined in this experiment by co-worker, Malcolm Moore. But Porter must first overcome almost universal resistance from the powers that be -- his skeptical bosses and coaches at rival high schools who don't want their players mixing it up with convicted criminals on the football field.



The Covenant

Sunday (at 6 p.m.) and Thursday

Steven Strait and Sebastian Stan star in this film rated PG-13. In 1692, in the Ipswich Colony of Massachusetts, five families with untold power formed a covenant of silence. One family, lusting for more, was banished; their bloodline disappearing without a trace--until now. This thriller tells the story of the Sons of Ipswich, four young students at the elite Spencer Academy who are bound by their sacred ancestry. As descendants of the original families who settled in Ipswich Colony in the 1600's, the boys have all been born with special powers.



62. Operation __
Light: name given to using B-52s in Vietnam (1965)

Answers in next week's issue

By Capt. Tony Wickman, 71st Flying Training Wing Public Affairs

Fitness Room ready for families

By AIRMAN 1ST CLASS LUIS LOZA GUTIERREZ
STAFF WRITER

The Mathis Fitness Center has a new addition to its facility--the Family Fitness Room. The doors to the Family Fitness Room were officially opened Oct. 18 at the Mathis Fitness Center.

Racquetball court No. 2 was converted into the Family Fitness room.

"The Family Fitness Room provides parents the opportunity to work out without having to pay for childcare services," said Staff Sgt. Christopher Starnes, Mathis Fitness Center operations director.

"The idea for the room was suggested by various base facilities, military spouses and the base family advocacy center," he added.



Some bases have a designated area for parent/child workout.

The fitness room will allow Goodfellow to join such bases in providing this type of area, Sgt. Starnes added. The room is available for the use of people 18-years old with children ages 6 months to 5-years-old.

Currently the fitness room is being used for cardio and stretching.

The Family Fitness Room is here indefinitely, said Sgt. Starnes and the staff of the Mathis Fitness Center encourages all Goodfellow families to take advantage of it and promote a healthier more physically fit life style.

Parents can work out during non-operation hours of child care--morning or night according to the operation hours of the Mathis Fitness Center, which are Monday through Thursday 5 a.m. to midnight, Friday 5 a.m. to 9 p.m., Saturday and Sunday and holidays 9 a.m. to 7 p.m.



Staff Sgt. Christopher Starnes, Mathis Fitness Center operations director, Lisa Lloyd, Family Advocacy Center member, Col. Andrew Britschgi, 17th Training Wing vice commander and Col. Stephen Czerwinski, 17th Mission Support Group commander take part in a ribbon cutting ceremony for the Family Fitness Room inside the Mathis Fitness Center Oct. 18. (Photo by Airman 1st Class Kamaile Chan.)

Youth Basketball League



Register your basketball player for Youth Basketball this year at the Youth Center.

Age Divisions:
4-5, 6-8, 9-10, 11-12 and 13-14

There is a \$40 registration fee which includes a t-shirt.


There will be six games and a tournament.

Season starts in January.

Registration ends Nov. 10.

Coaches needed to volunteer.

If interested contact the youth center at 654-4705 for more information.



Schedule

Tuesday

6p.m.	COMM Batts	vs.	Appaches
7:30pm	316 Sharks	vs.	TRSS Tigers

Wednesday

6pm	J.Y.D.	vs.	Fire Dawgs
7:30pm	315 Rattlers	vs.	Leathernecks

Thursday

6pm	316 Sharks	vs.	COMM Batts
7:30pm	J.Y.D.	vs.	315 Rattlers

Rec Camp Car Show racks up the horse power and chrome



Goodfellow hosted its annual Car, Boat and Motorcycle Show at the Goodfellow Air Force Base Rec Camp Oct. 21. More than 170 vehicles, including antique, classic and new cars, trucks, boats and motorcycles were entered in the all-day competition. (Photos by SSgt. John Barton)

Did You KNOW

Girls and Boys Town...

- Provides treatment and care to more than 40,000 abused, abandoned and neglected girls and boys across the country each year.
- Provides assistance to nearly one million children each year by training parents, teachers and child-care professionals how to meet the needs of children in the 21st century.
- Has 19 sites located in 14 states and the District of Columbia.
- Assists more than 450,000 callers annually through the Girls and Boys Town National Hotline (800-448-3000).
- Cares for children regardless of race, color, creed, gender, national origin, or ability to pay. On average, girls make up about 50 percent of the youth cared for each year.
- For more information, call 1-800-217-3700, write to P.O. Box 8000, Boys Town, NE 68010 or visit www.girlsandboystown.org



HELP • HEALING • HOPE

Mammography

A Simple Procedure that Could Save Your Life

Mammography uses low doses of X-rays to make an image of the inside of the breast. It's used to detect masses deep within the breast tissue. These masses can be benign or malignant. A mammogram can detect lumps before they're large enough to be felt during a breast exam. It's also used to aid diagnosis of lumps. A trained radiologist can recognize normal breast anatomy as it appears on a mammogram, as well as any defects or variations from the norm. Radiation risks are small and the benefits of early detection of tumors far outweigh any potential risk.

How A Mammogram Works

Your breast may be examined by your doctor or technologist before being positioned in the mammogram machine. You'll then be asked to stand or sit, depending upon the type of equipment being used. One breast will be X-rayed at a time. During the test, your breasts will be firmly pressed between two pieces of plastic. This may be slightly uncomfortable, but it's necessary to view all the breast tissue. (Taking aspirin or acetaminophen one hour prior to the test may help to minimize your discomfort.)

When Should You Have a Mammogram?

The American Cancer Society recommends that women receive annual mammograms beginning at age 40, earlier if you feel a mass or if there is a strong



family history for breast cancer.

Where Should You Have A Mammogram Done?

A mammogram can be performed in a doctor's office, a local hospital or a diagnostic center. Wherever you go, it's important to make sure it's an accredited PDA-certified and ACR-certified mammography test center with an experienced radiologist and certified technicians. Ask if they have a second radiologist checking results. (Article courtesy of Goodfellow Health and Wellness Center.)

Please visit the "Tree of Remembrance" located in the lobby of the 17th Medical Group. You can place a ribbon on the tree in honor or memory of a loved one.

Things You Should Keep In Mind

- ◆ Schedule your mammogram for the week after you begin your period; your breasts will be less tender then.
- ◆ If you suspect you're pregnant, tell your doctor or technologist before the procedure.
- ◆ Avoid using powder, deodorant or perfume under your arms or in the breast area before the test.
- ◆ Wear a sweater or blouse instead of a dress, as you will only need to be undressed from the waist up

DID YOU KNOW?



Oct. 27

1970: Doctors at Wilford Hall U.S. Air Force Medical Center, Lackland AFB, Texas, develop a new device to save infants who are suffocating. Costing only about \$1,000 and built from various standard hospital components, the device helps newborn babies breathe.

Oct. 28

1924: Army planes broke up a cloud formation with electrified sand.

AECP offers chance for commissioning

The Airman Education and Commissioning Program offers active-duty enlisted personnel the opportunity to earn a baccalaureate degree in high-need academic majors as identified by the Secretary of the Air Force.

Program students will complete their degree at a college or university with an AFROTC detachment or cross-town agreement, then attend Officer Training School.

Upon completion, the student will commission as a second lieutenant.

An applicant must choose a college with tuition and fees less than \$15,000 per year and attend school full-time

for up to 36 months, including summer terms.

To begin the application process, contact the base education office or review the website at <http://www.afoats.af.mil/AFROTC/EnlistedComm/AECP.asp>. The education office will be the applicant's source of information and guidance.

Prior to sending in the application, the applicant must have an approved AFROTC Form 48 Academic Plan approved by the detachment commander and department chair of their chosen university.

The application package should include: AF IMT 56, official college

transcripts, official CCAF transcript, letter of admission to school or program of instruction signed by department chair, AFROTC Form 48, a letter indicating current college coursework not recorded on transcripts (if applicable), copies of all waivers submitted, and Defense Language Proficiency Test score (if applicable). Application packages must be mailed to HQ AFROTC/RRUE, 551 East Maxwell Blvd, Maxwell AFB, AL 36112-610.

Packages must be postmarked no earlier than Feb. 1, 2008 and no later than Feb. 15.

Civilian News Corner

Leave donation

The Office of Personnel Management is coordinating a government-wide transfer of donated annual leave from donating agencies to employees affected by Hurricane Katrina and its aftermath.

One year after Hurricane Katrina, many Federal employees in the Gulf coast regions of Louisiana and Mississippi continue to be affected by the hurricane and its aftermath.

OPM recently received notice from two agencies that the amount of annual leave donated by its emergency leave donors was not sufficient to meet the needs of its approved emergency leave recipients. Federal employees are still recovering from our country's worst natural disaster.

We ask for our employees continued support by donating their annual leave to help their coworkers recover from this major disaster.

Emergency Leave Transfer Program

An emergency leave donor may donate a minimum of one hour of annual and a maximum of 104 hours of annual leave. Agencies may waive the 104-hour limitation if sufficient annual leave is not donated.

An emergency leave donor may not donate annual leave for transfer to a specific emergency leave recipient. An emergency leave recipient may not receive more than 240 hours of donated annual leave at any one time from an ELTP. OPM's regulations on the administration of the ELTP are available on OPM's website at http://www.opm.gov/fedregis/html/dec_99.htm. Additional guidance is available at <http://www.opm.gov/oaca/leave/HTML/emerg.htm>. If you wish to donate annual leave in the ELTP, please complete OPM Form 1638 in hard copy form and forward to the Civilian Personnel Office, Building 430, Suite 123, attention Glenn Miller or Bert Dickerson.

If you have questions concerning this program, please call 654-3331 or 3332.

CJR list revised

RANDOLPH AIR FORCE BASE, Texas (AFPN) -- The Air Force announced the fiscal 2007 quotas for the career job reservation program adding 40 Air Force Specialty Codes to the constrained list, while releasing 10 others.

The 10 career fields removed from the list are:

- 2A0X1C, Avionics Sensor Systems, All;
- 2A0X1D, Electronic Warfare Systems, All;
- 2A3X1C, A-10, F-15 and U-2 Communications, Navigation and Penetration Aids;
- 2A6X1B, Aerospace Propulsion and Turboprop and Turboshaft Propulsion;
- 2A6X6, Aircraft Electrical and Environmental Systems;
- 2E0X1, Ground Radar Systems;
- 3E0X1, Electrical Systems;
- 3E1X1, Heating, Ventilation, Air Conditioning and Refrigeration;
- 3E7X1, Fire Protection; and
- 6F0X1, Financial Management and Comptroller.

An updated list of the constrained AFSCs is available on the Air Force Personnel Center's Web site at <http://ask.afpc.randolph.af.mil/>; click on Career Planning, Advancement, Re-enlistment, Career Job Reservations, Career Fields on the Constrained AFSC List and Available Quota(s).

Effective Sept. 1, 2006, first-term Airmen selected by their commanders as eligible to re-enlist no longer need to complete an Air Force Information Management Tool 545 "Request for Career Job Reservation" unless they desire a CJR in their secondary AFSC or have special circumstances. All first-term Airmen must have an approved CJR to reenlist.

Editor's note: (This article supersedes the previous article released Oct. 13, 2006, announcing the 2007 quotas for the Career Job Reservation Program)



Photo by Airman 1st Class Luis Loza Gutierrez

Minutes with the Airmen

(Far left) Chief Master Sgt. Paul Moreau, 17th Training Wing command chief master sergeant introduces Tech. Sgt. Barclay Stuart, 17th Training Group and Master Sgt. Christopher Ginther, 316th Training Squadron, to student Airmen attending a meeting Oct. 18 at the 17 TRW conference room. The meeting is intended to be a weekly gathering between students and NCOs to discuss issues and topics concerning students on Goodfellow.

Sports briefs

Call to Duty DASH

Come out and show your support for our veterans at the Call to Duty Dash 4-mile race and 1 mile fun run/walk, Nov. 11. Pre-registration starts Nov. 9. People can register at the San Angelo Standard Times from 8 a.m.-6 p.m. or at the Goodfellow AFB Fitness Center from 5 a.m.-midnight.

Registration forms can be downloaded from www.sanangelostandardtimes.com. The race begins at 8 a.m., with registration starting at 7 a.m. The race will kick off from the Girl Scouts Bldg. at 304 W. Ave. A.

The race is free for active-duty military and their dependents and all proceeds will be donated to a fund for veterans' families.

Army/Navy Football Game

Come support your branch of service at the Army/Navy Football Game Dec. 1 at 3 p.m. at the new athletic field on base. There will be free food for patrons provided by the base chapel in conjunction with the 17th Services Division.

For more information, contact Jerry Thompson, 654-1589.

ASU game free for military

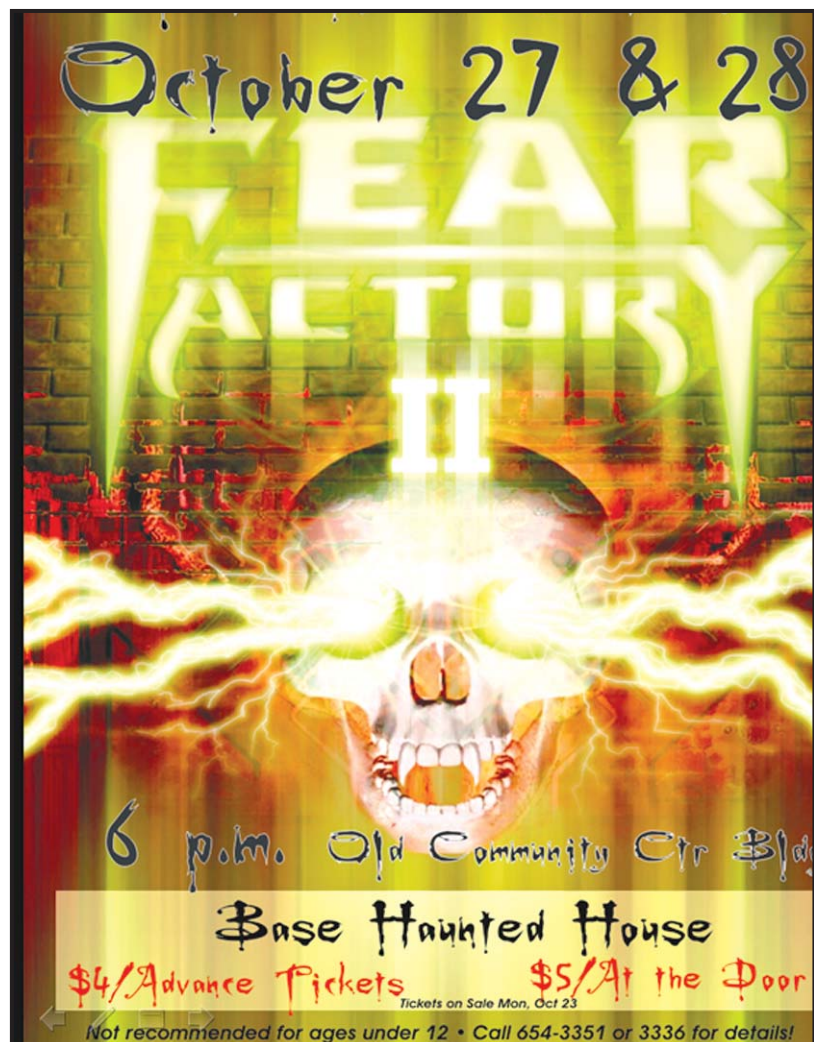
Military personnel and their dependents can attend the Nov. 11 football game between Angelo State University and Texas A&M for free at ASU. The game kicks off at 2 p.m.

Just show your military identification for access to the general admission seating area. Seats are first-come, first-served.



Operation Welcome Home

Carolina Panther Brad Hoover asks a question during Operation Welcome Home Oct. 24, about life after returning from serving in Iraq or Afghanistan. OWH, held in the Bank of America Stadium in Charlotte N.C., allowed military members from the Air Force, Army, Navy and Marines to tour the stadium and meet several players from the Carolina Panthers as a thank you after deploying in support of Operations Iraqi Freedom and Enduring Freedom. (U.S. Air Force photo/Tech. Sgt. Larry A. Simmons)



231st Marine Corps Birthday Ball



The Marine Corps Detachment is scheduled to host the 231st Marine Corps Birthday Ball Nov. 10 at the C.J. Davidson Auditorium at Angelo State University.

Social hour: 6 p.m. **Ceremony/dinner:** 7 p.m.

Dancing: 9 p.m.

The guest speaker will be Sgt. Maj. Frank J. Knox, Command Sergeant Major of the Training Command. Ticket price is \$20 with your choice of chicken picatta or sliced roast beef.

R.S.V.P. to Gunnery Sgt. Eckes at 654-5102. Make checks payable to "Bulldog Association"

Military attire: Dress blues or service dress equivalent

Civilian: Black tie



HOT
with
Services!
Anyone up
for the challenge?

Intramural Bowling – Winter League
TEAMS NEEDED!

Air Force • Marines • Army • Navy

All interested in signing up call Thede Bowling Center at 654-3227. (This program goes towards Commanders Points.)

Visit and give us your 2 Cents at...WWW.goodfellowservices.com



WATCH for Suspicious Behavior

REPORT what you see

PROTECT by observation and action

Call 24 hrs (325) 654-3504